



**MEMBER
OVERVIEW
REPORT**

EVOLT

OVERALL RESULTS

EVOLT

Total Scans - 44,438

Total Females - 29,833

Total Males - 14,605

TOTAL



7,369
TOTAL FAT LOSS



1,396
TOTAL MUSCLE GAINED



7.284
AVERAGE BWI®



8.8
AVERAGE VISCERAL
FAT LEVEL



2.1%
AVERAGE BODY FAT
PERCENTAGE

FEMALE



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TOTAL FAT LOSS



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MALE



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AVERAGE BODY FAT
PERCENTAGE

MEMBER RESULTS



ORDER	MEMBER	TOTAL SCANS	TOTAL FAT LOST LBS	TOTAL MUSCLE GAINED LBS	TOTAL VISCERAL FAT LOST LBS
1	Member Email T	8	45	11	8
2	Member Email E	6	39	12	7
3	Member Email A	4	34	13	6
4	Member Email K	4	33	9	5
5	Member Email L	5	31	10	5
6	Member Email C	6	30	10	4
7	Member Email R	4	30	8	5
8	Member Email O	5	29	9	3
9	Member Email Q	3	28	7	3
10	Member Email S	2	27	6	2
11	Member Email L	4	24	7	2
12	Member Email C	4	23	4	2
13	Member Email R	7	22	5	2
14	Member Email O	6	21	4	1
15	Member Email Q	8	20	2	2
16	Member Email S	5	19	2	3
17	Member Email F	2	18	3	3
18	Member Email Q	4	14	1	1
19	Member Email S	3	13	2	2
20	Member Email F	4	10	1	0

OVERALL FEMALE STATISTICS



STATISTICS - BY GOAL



FAT LOSS
78.8%



MUSCLE GAIN
78.8%



BETTER HEALTH
78.8%



ECTOMORPH

38.5%

Average Age: 34

Average Bio Age: 34

Average Body Fat Percentage: 27.5%

Average Visceral Fat Level: 6.4

Average BWI Score: 7.6

STATISTICS - BY TRAINING TYPE



**STEADY
CARDIO**
78.8%



RESISTANCE
78.8%



HIIT
78.8%



ENDURANCE
78.8%



**COMBO
RESISTANCE/CARDIO**
78.8%



**COMBO CARDIO/
RESISTANCE/HIIT**
78.8%



MESOMORPH

38.5%

Average Age: 34

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ENDOMORPH

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Average Age: 34

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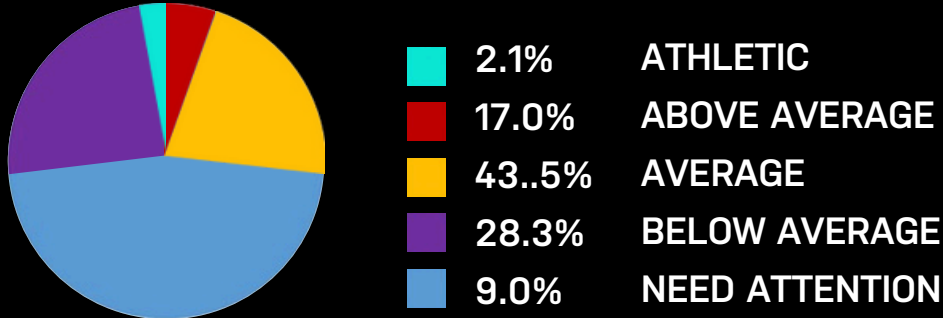
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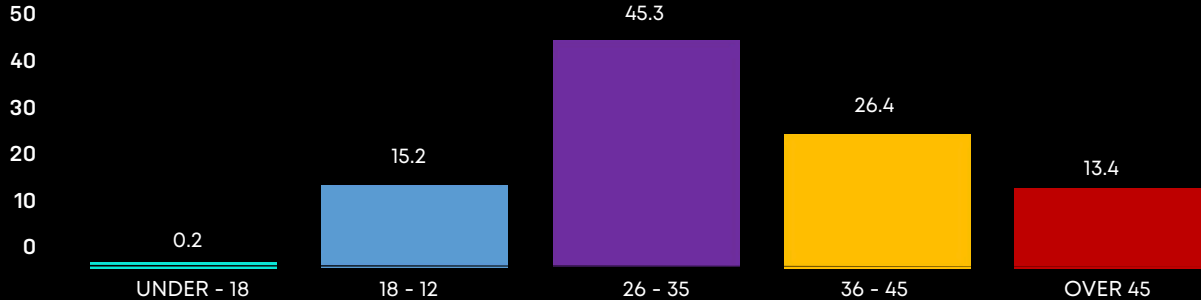
Average BWI Score: 7.6

OVERALL FEMALE STATISTICS

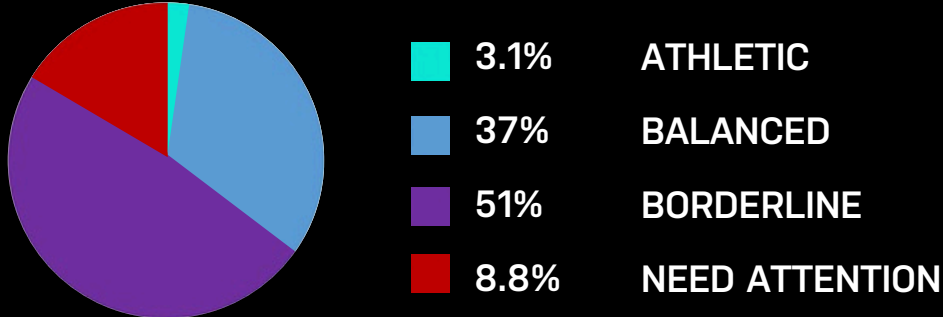
BWI®



AGE DEMOGRAPHICS



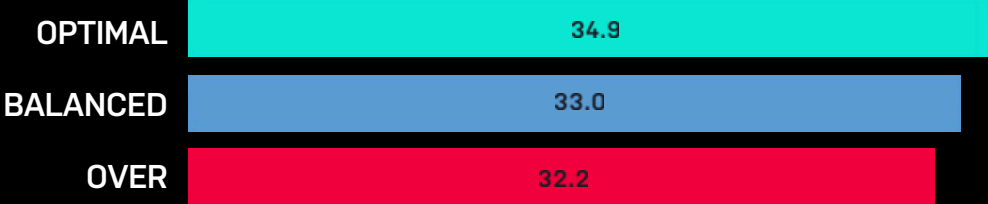
BODY FAT PERCENTAGE FEMALE



BIO AGE



VISCERAL FAT LEVELS



OVERALL MALE STATISTICS



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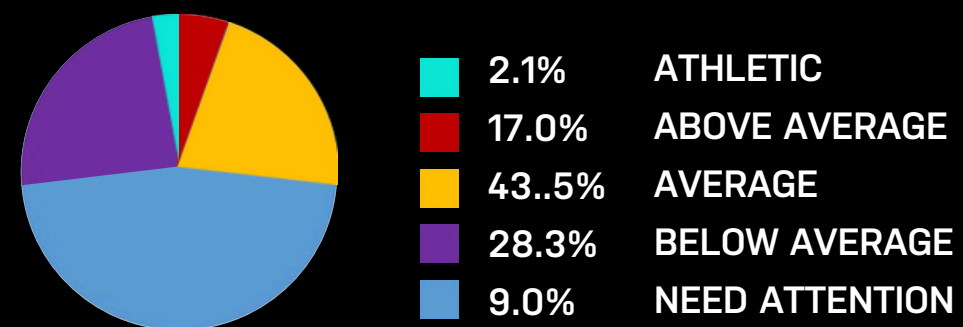
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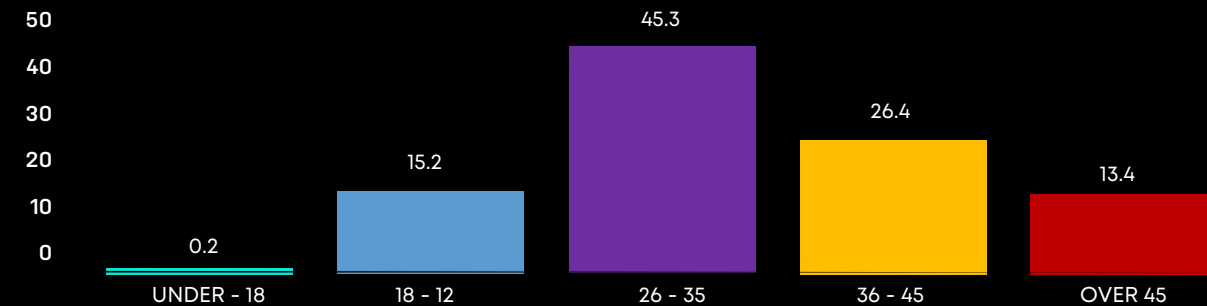
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OVERALL MALE STATISTICS

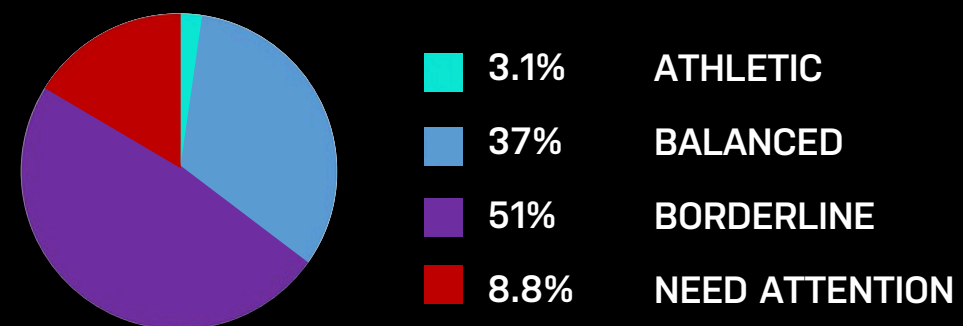
BWI®



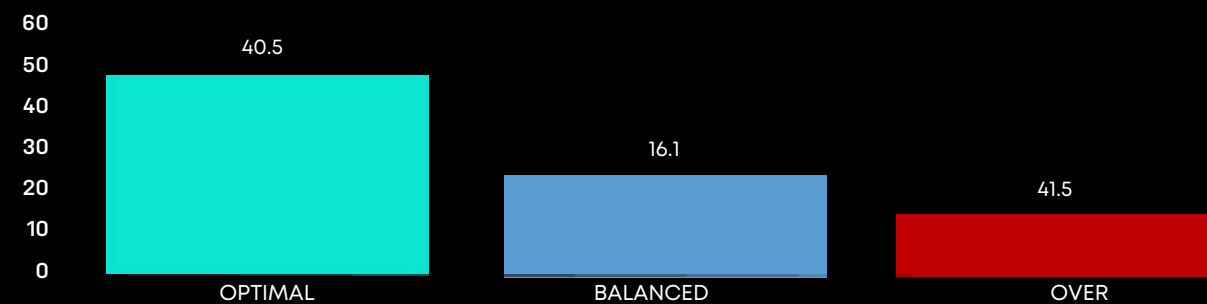
AGE DEMOGRAPHICS



BODY FAT PERCENTAGE MALE



BIO AGE



VISCERAL FAT LEVELS

