



EVOLT

YOUR MEMBERS MARKETING KIT

EVOLT

WHAT IS THE EVOLT 360?

The Evolt 360 Body Composition Analyzer provides you with a comprehensive report detailing what your body is composed of. This quick and non-invasive measurement requires you to stand on the device after removing shoes, socks, smartwatches, and emptying your pockets. Simply grab the handles and stay still for 60 seconds.

- TRACK PROGRESS**
We recommend scanning every 4 weeks to monitor your progress accurately.
- STAY INFORMED**
Understand your muscle mass, fat mass, visceral fat, biological age, and recommended macros based on your goals.
- HEALTH INSIGHTS**
Gain insights into how your body is responding to training and nutrition efforts.

PRE-SCAN TIPS FOR ACCURACY

- Scan at the same time of the day.
- Avoid scanning after exercise.
- Maintain consistent nutrition 24 hours before your scan.
- Stay well hydrated. Drink 2-3 liters of water in the 24 hours before, and at least 600ml just before.
- Avoid alcohol 24-48 hours before your scan.
- Avoid caffeine and diuretics (like pre-workouts) before your scan.
- Females should consider the timing of their menstrual cycle.

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GETTING STARTED

Experience Evolt 360 first-hand, our trained staff will guide you through the process and answer any questions you may have. Scan the QR code to download the Evolt Active App to get started.



STAY AHEAD

about your health and fitness
ers you with data-driven
ults.

health evolt.health

POS FLYER
x5 Artwork Variations

EVOLT

BODY SCAN ZONE



IN 60 SECONDS YOU CAN DISCOVER:

- ✓ LEAN MUSCLE MASS
- ✓ VISCERAL & BODY FAT
- ✓ SKELETAL MUSCLE MASS
- ✓ BODY FAT PERCENTAGE
- ✓ BIO-AGE
- ✓ TOTAL ENERGY EXPENDITURE
- ✓ CALORIE RECOMMENDATIONS
- ✓ MACRO-NUTRIENT PROFILE
- ✓ SUPPLEMENT SUGGESTIONS
- ✓ PLUS MORE **

DOWNLOAD THE EVOLT ACTIVE APP TO GET STARTED

GET IT ON Google Play | Download on the App Store




evolt360.com

EVOLT

BODY SCAN ZONE



IN 60 SECONDS YOU CAN DISCOVER:

- ✓ LEAN MUSCLE MASS
- ✓ VISCERAL & BODY FAT
- ✓ SKELETAL MUSCLE MASS
- ✓ FITNESS SCORE
- ✓ BODY FAT PERCENTAGE
- ✓ BASAL METABOLIC RATE
- ✓ BIO-AGE
- ✓ CALORIE RECOMMENDATIONS
- ✓ MACRO-NUTRIENT PROFILE
- ✓ SUPPLEMENT SUGGESTIONS
- ✓ PLUS MORE **

35.4 KG / OPTIMAL
30.3 KG / HIGH
18.4% / OPTIMAL
0 / BALANCED

31

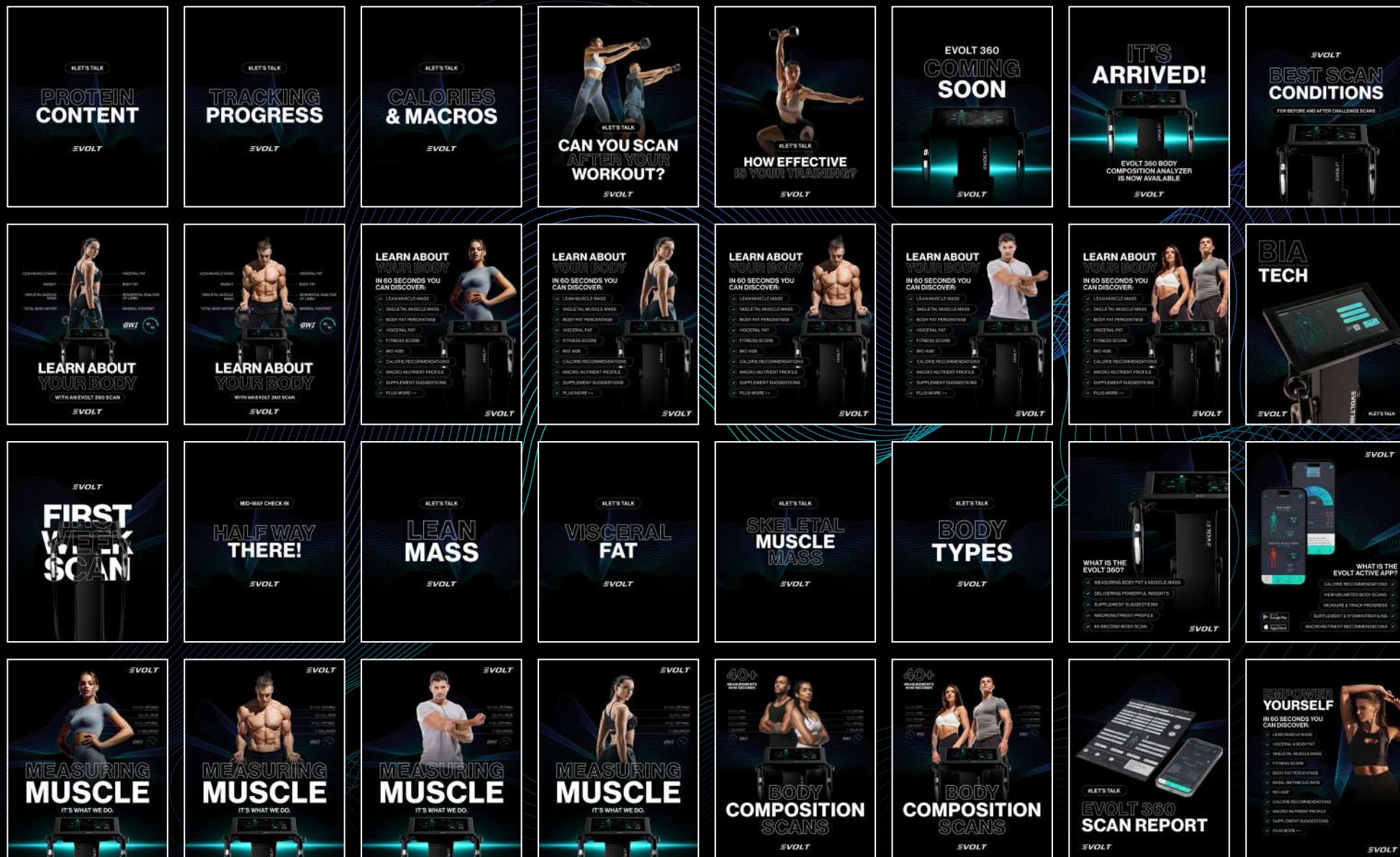
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evolt360.com

PULL UP BANNER
x2 Artwork Variations



SOCIAL TILES
30+ Graphics

IN 60 SECONDS YOU CAN DISCOVER:

- ✓ LEAN MUSCLE MASS
- ✓ SKELETAL MUSCLE MASS
- ✓ BODY FAT PERCENTAGE
- ✓ VISCERAL FAT
- ✓ MACRO-NUTRIENT PROFILE
- ✓ SUPPLEMENT SUGGESTIONS
- ✓ CALORIE RECOMMENDATIONS
- ✓ FITNESS SCORE
- ✓ BIO-AGE
- ✓ PLUS MORE ++

141.1 LBS / HIGH
LEAN BODY MASS

77.2 LBS / HIGH
SKELETAL MUSCLE MASS

12.3% / OPTIMAL
BODY FAT PERCENTAGE

7 / BALANCED
VISCERAL FAT LEVEL

**STOP GUESSING.
START MEASURING.**

DISCOVER YOUR BODY LIKE NEVER BEFORE IN 60 SECONDS

DOWNLOAD THE EVOLT **ACTIVE** APP TO GET STARTED

GET IT ON Google Play | Download on the App Store

EVOLT

evolt.health

80.2 LBS / OPTIMAL
LEAN BODY MASS

80 LBS / HIGH
SKELETAL MUSCLE MASS

16.4% / OPTIMAL
BODY FAT PERCENTAGE

8 / BALANCED
VISCERAL FAT LEVEL

141.1 LBS / HIGH
LEAN BODY MASS

77.2 LBS / HIGH
SKELETAL MUSCLE MASS

12.3% / OPTIMAL
BODY FAT PERCENTAGE

7 / BALANCED
VISCERAL FAT LEVEL

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EVOLT

evolt.health

A2 POSTERS
x3 Artwork Variations
Metric/Imperial Unit Options

EVOLT

FIND OUT HOW MUCH MUSCLE & FAT YOU REALLY HAVE...

DISCOVER YOUR BODY WITH
AN EVOLT 360 SCAN



36.4 KG / OPTIMAL
LEAN BODY MASS

36.3 KG / HIGH
SKELETAL MUSCLE MASS

18.4% / OPTIMAL
BODY FAT PERCENTAGE

8 / BALANCED
VISCERAL FAT LEVEL



ADVERT SCREENS
x6 Graphics

at us, who?
NOW, WHEN?

ers!
RISTINA Z.
YSTAL P.
LEP.
VID M.
CHAE B.
AM F.
ARIA R.
EPHEN K.
THAN B.
IGER.



New!

GLUTEATOR
(ASK US FOR A DEMO)



Reach your goals!
PARTNER WITH ONE
OF OUR PT'S

EVOLT

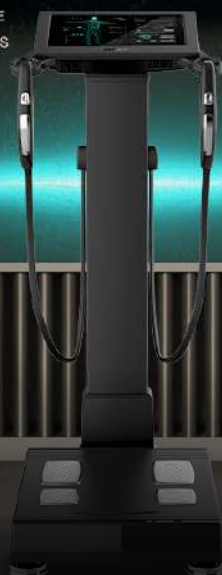
BODY METRICS ZONE

- 1 SCAN TO DOWNLOAD
THE EVOLT ACTIVE APP
- 2 SCAN YOUR BODY
- 3 GET YOUR MACRO-NUTRIENT & SUPPLEMENT
PROFILE ON THE EVOLT ACTIVE APP



TURNING INFORMATION INTO INSPIRATION

- ✓ LEAN MUSCLE MASS
- ✓ VISCERAL & BODY FAT
- ✓ SKELETAL MUSCLE MASS
- ✓ BODY FAT PERCENTAGE
- ✓ BIO-AGE
- ✓ TOTAL ENERGY EXPENDITURE
- ✓ CALORIE RECOMMENDATIONS
- ✓ MACRO-NUTRIENT PROFILE
- ✓ SUPPLEMENT SUGGESTIONS
- ✓ PLUS MORE ++



Workout of the Day

- ★ 10 Reps Wall
- ★ 20 Reps Box
- ★ 30 sec Box

complete 3 rounds

SCAN ZONE
Wall Banner Design



JOIN THE REVOLUTION

 marketing@evolt360.com

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 [evolt.health](https://www.evolt.health)