

80.2 LBS / **OPTIMAL**  
LEAN BODY MASS

80 LBS / **HIGH**  
SKELETAL MUSCLE MASS

18.4% / **OPTIMAL**  
BODY FAT PERCENTAGE

8 / **BALANCED**  
VISCERAL FAT LEVEL

9.1  
10

**BWI**  
BIO WELLNESS INDEX

141.1 LBS / **HIGH**  
LEAN BODY MASS

77.2 LBS / **HIGH**  
SKELETAL MUSCLE MASS

12.3% / **OPTIMAL**  
BODY FAT PERCENTAGE

7 / **BALANCED**  
VISCERAL FAT LEVEL

8.6  
10

**BWI**  
BIO WELLNESS INDEX

# STOP GUESSING. START MEASURING.

DISCOVER YOUR BODY LIKE NEVER BEFORE IN 60 SECONDS



DOWNLOAD THE EVOLT **ACTIVE**  
APP TO GET STARTED



GET IT ON  
Google Play



Download on the  
App Store



## EVOLT



evolt.health